

## Spiritual Drawing – Auragraphs

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“An Auragraph is basically a drawing that you do whilst you are open and tuned in to your sitter. The drawing is nothing to do with artistic ability or technical skills, because you are not using your own talents for this. As healing involves a free flow of energy through your arms and hands, so psychic drawing requires a similar level of unhindered flow, which does not involve using your own energies.”

“You may already be familiar with psychic drawings. There are psychic artists across the world who, with spiritual guidance, can draw likenesses of your spirit guides or images of departed friends and family. This is a fascinating area of work. However, it requires communication with spirit and a degree of focus and discipline which is only afforded to the highly-trained. It is a level to which many can aspire, although relatively few can achieve consistently accurate results. To start on this path, you need to explore your own relationship with drawing. No one can say what makes a budding psychic artist, although most describe having an interest in drawing at some level prior to psychic work. Many also describe sensations in their fingers and hands. They say they feel particularly hot or cold before they start to work psychically, or their palms start to itch or feel restless and twitchy. If you have had any of these sorts of feelings, it may be because you have untapped ability in your hands.”

Auragraphs can also be done in colour and one must get a feel for the colour and in order to do this it is suggested that one works with the colours of the chakras.

**Red** – the “root of you”, refers to your childhood – passion, anger, physical strength and vitality

**Orange** – ambition, sexual energy and emotions, relationships

Yellow – intellect, clarity of thought, feeling of belonging, willpower and self-purpose

**Green** – loving in a holistic sense, healing and nurturing qualities, feeling of everything being all right

**Blue** – peace, a sense of tranquility, seeker of truth, sensitivity, speech and creativity, communication and meditation

**Purple** – connection to spiritual states, transcending the earthly, respect and sense of leadership, ideals and dream-line conditions of far-seeing knowledge

**White** – purity, a state of divine being, truth, fulfillment, (or **Violet**) completion, enlightenment

“You also need to look at the shapes you draw and develop a relationship with them as well. This will again be a personal experience for you. A circle in your Auragraph may have a different meaning for you than for someone else. You may see a circle as completion in area of your sitter’s life, someone else may draw a circle and it will indicate a sensation of going round in circles and getting nowhere in a situation. It’s also possible that a circle can mean more than one thing to you and you will interpret it differently for different sitters. This knowledge will come with practice.”

“Auragraphs are a particularly helpful way of learning how to leave yourself behind during psychic work. Once you have experienced drawing something where you know you haven’t consciously been interfering, you will know what it’s like to use your higher senses and trust your inner self.”